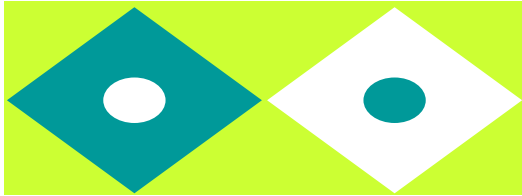


School Psychology Newsletter

September 9-September 15, 2015

Student Housekeeping



- **9/21/15, 12:30-1:30:** First SASP Meeting in GENT 019
- All upper level students should be sure that their practicum logged hours from 2014-2015 are in their files with Joanne. Upper level students should also fill out the checklist of goals for practica to keep up to date with completion of all school level placements, diversity hours, etc. (Please consult the practicum syllabus or Dr. Bray with any questions).
- If you have not yet filled out the Program Updates or Internship/Practicum surveys from last week's email, please do so as soon as possible!
- If you are interested in APA approved internships, consider tracking hours using Time2Track or MyPsychTrack. More information to come!
- If you need up-to-date versions of program forms, please check the newly added "Forms and Resources" section of the program website.

"A child's mental health is just as important as their physical health and deserves the same equality of support. No one would feel embarrassed about seeking help for a child if they broke their arm — and we really should be equally ready to support a child coping with emotional difficulties."

Kate Middleton, Duchess of Cambridge

Paid Clinical Opportunities

**UConn
HEALTH**

COMET

*Community Study of Outcome Monitoring
for Emotional Disorders in Teens*

We are currently seeking a graduate student clinician to participate in COMET. The clinician will provide individual therapy to adolescents with anxiety and/or depressive disorders and will see at least 4 patients over the course of the school year (can go into the summer or future years if the person is interested). The time commitment would be 1 or 2 afternoons/early evenings a week. The clinician will receive supervision and the services are provided at the UConn Health Outpatient Clinic at 65 Kane St, West Hartford.

What is COMET?

COMET is a 4 year research study funded by the National Institute of Mental Health (NIMH) to examine the effectiveness of 3 treatments for adolescents with anxiety and depressive disorders: 1) a new transdiagnostic psychotherapy (the Unified Protocol for the Treatment of Emotional Disorders in Adolescence; UP-A), 2) an evidenced-based assessment and feedback monitoring system designed for use in community clinics (the Youth Outcome Questionnaire; YOQ) and 3) treatment as usual in community clinics(TAU).

Why should you participate?

- Clinicians will be part of a national cutting edge study that will help determine which treatments are best for youth with emotional disorders.
- Some participants will receive free training and supervision in UP-A and YOQ (including copies of the intervention manual and handouts to use with youth).
- Receive financial compensation for participating in trainings and supervision, and/or for completing study requirements.

What might you be asked to do?

- Attend 1-2 days of training
- Help to recruit teens with emotional disorders from your clinic
- Use your skills to deliver a new intervention or your usual treatment (approximately 16 weekly sessions)
- Participate in weekly clinical supervision meetings (usually by phone)
- Audiotape treatment sessions (consent is obtained from guardians upon their enrollment in the study)
- Complete brief study questionnaires

If you have questions about this project, please contact the COMET Study team 860-523-6441 or COM-ET@uchc.edu

UChC Department of Psychiatry
IRB NUMBER: 15-157-6

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